





## What else can I do?

- When discussing suicide in the media, always refer journalists to the **Mindframe** guidelines at [www.mindframe-media.info/for-media](http://www.mindframe-media.info/for-media)
- When speaking publicly or doing a media interview, ask that a 24-hour crisis support service is added to ensure anyone potentially distressed can seek immediate help.

Further information can be obtained from the project team at the Hunter Institute of Mental Health on (02) 4924 6900 or [mindframe@hnehealth.nsw.gov.au](mailto:mindframe@hnehealth.nsw.gov.au) or from [www.mindframe-media.info/for-media](http://www.mindframe-media.info/for-media)

## References

- 1 Australian Bureau of Statistics. (2016). *Causes of Death Australia, 2014*. Canberra, ACT: Commonwealth of Australia. Accessed November 8, 2016 from: [www.abs.gov.au](http://www.abs.gov.au)
- 2 Australian Bureau of Statistics. (2011). *Causes of Death Australia, 2009. Catalogue No. 3303.0*. Canberra, ACT: Commonwealth of Australia. Accessed November 22, 2012 from: <http://bit.ly/1TSSvnl>